



YOU CAN DO THIS

YOU CAN DO ANYTHING

It's a brand-new year, and a time to reassess your goals with the intent of being happier and healthier in 2023. And you are going to love it.

Below are some Publicis benefits that can support a healthier you. Not only will it be worth it, it will make you more happy, calm and in love with life.

Go ahead, count all your way to wellness.

FINANCIAL WELLBEING

\$22,500

2023 max. employee pre-tax contribution

4%

401(k) company match when you contribute 5%

15

live webinars

\$7,500

additional pre-tax contribution if age 50+

24/7

access to Fidelity Goal Booster for saving goals

6

webinars for early careers

EMOTIONAL WELLBEING

24/7/365

access to all EAP services

\$0

free EAP counseling sessions

1

BCBSIL anxiety / depression program

60

seconds to reset your mind and wellness
(from The Wellbeing community)

12

EAP Ask the Expert sessions

1,000

LifeSpeak on-demand videos

PHYSICAL WELLBEING

1

annual wellness physical

\$300

for completing the Healthy Living program

2

preventive dental cleanings

1

virtual preventive care checkup

100s

of health coaches standing by

1

BCBSIL fitness program membership

FAMILY SUPPORT

15

back-up care days

25

personalized college recommendations

25

live family webinars

1

free membership to Sittercity

100s

of babysitters, nannies and housekeepers

15%

discount off tutoring services

And that is just a small sample of what we offer! Keep up with our many events and webinars to help support you with your physical, emotional, financial and family wellness goals.

Visit PublicisConnections.com to learn more.